


# Fresh Start


## SuperFoods\*

*Powerfully paired — our delectable superfoods dishes pair whole foods to boost their benefits and their flavors. Antioxidant-rich and naturally low in calories, our tempting selections make healthful meals impossible to resist.*

**Steel-Cut Cinnamon Scented Oatmeal**  
Hot Steel-Cut Oatmeal, Sliced Banana, Pecans, Savannah Honey \$7.00 

**Whole Grain Cereal or Homemade Granola**   
Seasonal Berries or Sliced Banana  
Soy Milk Available \$5.00

**Smoothie**   
Berries, Banana, Green Tea, Orange Juice  
\$6.00

**Berries and Granola Parfait**   
Low-Fat Vanilla Yogurt, Banana, Walnuts,  
Pomegranate Essence \$5.00

## Breads & Pastries

Bagel with Philadelphia® Cream Cheese \$5.00

Freshly Baked Pastry Basket \$5.00

**Continental Table** \$14.00  
Seasonal Fruits and Berries, Yogurt, Whole Grain Cereals, All-Natural Granola, Bakery Selections, Bagels with Cream Cheese. Selection of Breakfast Juices, Freshly Brewed Starbucks® Coffee and Assorted Teas

## Side Orders

**Farmers Market Fruit**   
Savannah Honey, Fresh Mint \$7.50

Two Eggs any Style \$4.00

Homemade Corned Beef Hash \$6.00

Home Fries \$5.00

Fresh Grapefruit \$5.00


**Low-Fat Yogurt**   
Choose From Greek, Fruit or Plain \$5.00

Smoked Bacon, Sausage Links, Turkey Sausage or Country Ham \$6.00

## Breakfast Entrées

**Biscuits & Gravy**  
Two Fresh Baked Biscuit with Homemade Sausage Gravy \$10.00

**Savor Skillet**  
Hash Fries, Sausage, Two Eggs Over Easy Sausage Gravy, Blended Cheese \$15.00

**Build Your Own Omelet**   
Vegetable: Mixed Peppers, Mushroom, Tomato Asparagus, Onion, Avocado, Spinach  
Meats: Bacon, Sausage, Ham, Turkey Sausage, Cheese: American, Cheddar, Swiss  
Choice of Side: Fruit Cup, Home fries  
With Choice of Toast \$15.00

**Steak and Eggs**  
Two Organic Eggs Done Your Way,  
Crisp Home Fries, 6 oz Sirloin \$16.00

**Blueberry Pancakes**   
Pure Maple Syrup and Whipped Butter \$13.00

**American Breakfast**  
Two Organic Eggs Done Your Way,  
Crisp Home Fries, Toast  
Choice of Smoked Bacon, Sausage Links, Turkey Sausage or Country Ham \$15.00

**Egg White Omelet**   
Avocado, Mushroom, Spinach, Tomato,  
Hollandaise Sauce with Side of Fruit \$15.00

**French Toast**  
Fresh Strawberries, Pure Maple Syrup \$13.00

**Breakfast Table**  
Seasonal Fruits and Berries, Yogurt, Grits, Steel-Cut Oatmeal, Whole Grain Cereals, All-Natural Granola, Scrambled Eggs, Smoked Bacon, Sausage Links and Breakfast Potatoes. Bakery Selections, Bagels with Cream Cheese. Selection of Breakfast Juices, Freshly Brewed Starbucks® Coffee and Assorted Teas \$18.95

## Special Beverages

Freshly Brewed Starbucks®  
Regular or Decaffeinated Coffee \$5.00

Assorted Tazo Tea \$5.00

Espresso \$3.00

Cappuccino \$4.00

Juice  
Orange, Grapefruit, Apple,  
Cranberry or Tomato \$5.00

Milk  
2%, Non-Fat, Soy or Chocolate \$4.00